



**EduCareDo**

International Research and Learning Centre  
based on the work of Rudolf Steiner

# LIVING BIOGRAPHY

*Where have we come from?*

*Why are we here?*

*Where are we going?*

In working with our biography we can begin to acknowledge what can have a decreasing hold on our identity and find where we can sidestep the modern tendency for self-centredness. We can understand the increasingly important call to recognise an inner core of self that is both invisible and real, uniquely our own and at the same time universal.

Through discussion, art and eurythmy we can create within us a living, integrated developmental picture of what it means to be human now, in the world today.

**Saturday October 26th**  
**9 am to 4 pm**

**Free to all EduCareDo students, past and present**

**\$70 to members of the community**

**Morning/afternoon tea and a light lunch provided**

**Shearwater Steiner School Eurythmy Room**

**To enrol send a text to 0458 175 962, or  
email [study@educaredo.org](mailto:study@educaredo.org)**

**[www.educaredo.org](http://www.educaredo.org)**

Sandra Kimball is a counsellor and adult educator who works from the inspiration of anthroposophy. She has a special interest in biography work and is a study group holder and one of the volunteers supporting EduCareDo. She also supports the Inner Work Path retreats and courses.

Marilyn Myres is a curative eurythmy therapist working individually with children at Shearwater school. Marilyn holds study groups, teaches Eurythmy to adults and supports the Inner Work Path retreats and courses. She also volunteers her time to Developing the Self, Developing the World and EduCareDo initiatives.